

Arlington Church of Christ

*"The churches of Christ greet you."
Romans 16:16*

Guard My Lips

Ps 141:3 "Set a guard over my mouth, O LORD;
keep watch over the door of my lips.

ELDERS

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*Preacher

DEACONS

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Jeff McCollum — 254-0412

Those who would claim to be Christians need to be especially mindful of their speech. James says in James 1:19 "My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,". It is very difficult to control the tongue. James continues with this point in James 3:6-10 "The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and creatures of the sea are being tamed and have been tamed by man, but no man can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse men, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers, this should not be." Once a word has slipped out of the mouth, it is impossible to take back. How often must Peter have wished to be able to 'take back' those words of denial of Jesus he spoke before the cock crowed? We speak for an average of one hour a day and could fill a small book with all the words we say. No wonder the Bible emphasizes that we must be careful about how and what we speak. How can we 'guard our lips?' How can we make sure the right words come out? Here are a few suggestions:

- 1) Think before we speak. One of the first ways that we make an impression is by our words. Too often we start talking before we fully engage our minds and that causes trouble. We hear a word or phrase that triggers a thought and we jump in and begin to talk without thinking of the point the other person was trying to make.
- 2) Stop talking. When we listen to the other person with our full attention, we are more likely to gain an accurate observation of the situation and have much more information to help us find the right word to say. Lyndon Johnson had a plaque in his office that said "You ain't learning nothing when you're talkin". That is the idea James expressed when he said to be 'slow to speak'.
- 3) Encourage others to talk. This makes us more other-centered and less self-centered. Encourage others to talk by acting interested in what they say and really listening to them. When we truly understand where another is coming from, we can consider their feelings and say something that will be of benefit to them.

- 4) Speak only helpful information. Before we share something with another, think of whether this will be helpful to the one being spoken to. Is this just idle talk, gossip, or something that actually is beneficial. Col 4:5-6 "Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone." And Eph 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

May we consider our speech and the effect that it has on others for we are the "ambassadors for Christ" to the world. What do they think of Jesus based on our words as his representatives?

Sunday Bible Classes.....9:30 a.m.

Sunday Worship.....10:30 a.m.*

Sunday Worship.....6:00 p.m.

Wednesday Classes.....7:00 p.m.

***Sermon audio is
posted on our website:**

Web Site: www.arlingtoncoc.com

Email: info@arlingtoncoc.com

Phone: 513-931-8244

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QUESTION OF THE WEEK

Complete the proverb –
Trust in the Lord with all your
heart and ...?

PRAYER LIST

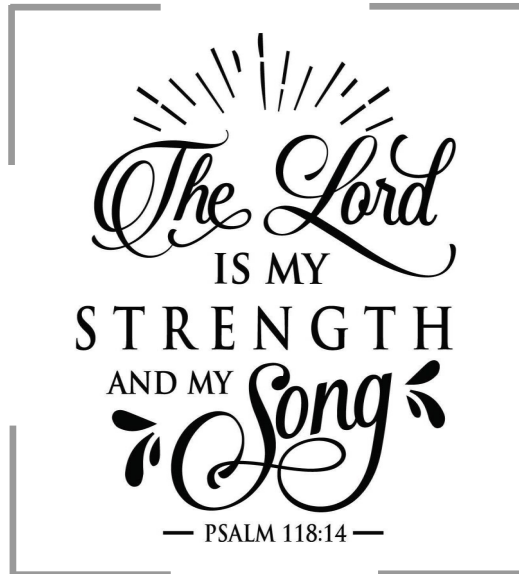
BIRTHDAYS

*See the caring cards list in the lobby

Hurricane Ian Disaster Relief

If you would like to support those affected by Hurricane Ian please consider going to: <https://www.churchesofchristdrt.org/donate> to donate. Donations go directly to the Churches of Christ Disaster Response Team.

*"The effective prayer of a righteous man can accomplish much."
James 5:16*



- 10/20 Toni Maddox
- 10/25 Tyler Williams
- 11/4 Janette Wendt
- 11/11 Squire Lemons
- 11/13 Lois Lemons

*"For where two or three have gathered together in My name, I am there in their midst."
Matt 18:20*

UPCOMING EVENTS

ANNIVERSARIES

- 10/14 Ladies' Class on 2nd Fridays (see Cathy for location)
- 10/16 Area Wide Singing 3PM @ Garrard Street CoC
- 10/23 Fellowship Dinner after morning worship

- 10/9 Ron & Johan Hartman
- 10/23 Matt & Kristi Williams
- 11/1 Squire & Lois Lemons

MEN TO SERVE

10/9

10/16

SCRIPTURE READING

	10/9	10/16		AM	PM
Sermon AM/PM	Joe McCollum	Joe McCollum			
Announcements	Ron Hartman	Ron Hartman	Oct. 9	Isa. 41, 42	Col. 1
Song Leader AM	Jeff McCollum	Jeff McCollum	Oct. 10	Isa. 43, 44	Col. 2
Song Leader PM	John Bauer	John Bauer	Oct. 11	Isa. 45-47	Col. 3
Opening Prayer AM	John Bauer	Jeff McCollum	Oct. 12	Isa. 48, 49	Col. 4
Opening Prayer PM	Ron Edlin	Ron Hartman	Oct. 13	Isa. 50-52	1Thess. 1
Lord's Table	Ron Hartman	Ron Hartman	Oct. 14	Isa. 53-55	1Thess. 2
Assistant #1	Matt Williams	Del Pickett	Oct. 15	Isa. 56-58	1Thess. 3
Closing Prayer AM	Ron Hartman	Ron Hartman			
Closing Prayer PM	John Bauer	John Bauer			
Greeters	Joe & Doris McCollum	John & Terri Bauer			
(Wed.) Devotional	(10/12) John Bauer	(10/19) Jeff McCollum			
(Wed.) Song Leader	(10/12) Jeff McCollum	(10/19) John Bauer			

*"Blessed are those who hear the word of God and keep it!"
Luke 11:28*

PANTRY NEEDS

TRIVIA ANSWER

- Over the counter medicines/aspirin
- Laundry detergent
- Face soap & Shampoo
- Toilet Tissue & Paper Towels
- Boxed Potatoes
- Small- Flour and Sugar
- Canned meats— fish, chicken & SPAM
- Canned Veggies— greens, potatoes, etc. (not corn, green beans, or peas)
- Fruit Juice— apple, grape, pineapple, etc.
- Peanut butter and Jelly
- Breakfast Cereal

A: Lean not on your own understanding. Prov 3